

The Iowa Hunger Directory Newsletter

SPONSORED BY THE WORLD FOOD PRIZE FOUNDATION

Hello,

Happy Holidays!

As we near Thanksgiving, we want to say how thankful we are for the continuous support and passion you all have maintained to end food insecurity in Iowa!

In this Thanksgiving newsletter, we will be sharing a few things from this year's Luncheon. We will be showcasing two programs, **Double Up Food Bucks** and **Spend Smart. Eat Smart.**, as well as sharing recipes that were served from this year's event. We hope that you share these amazing programs and recipes with friends, family, clients, and community members.

Also, as a friendly reminder, our Iowa Hunger Calendar is a great space for you to share any upcoming events you are organizing or know will be taking place in the community. To submit events, please visit www.IowaHungerSummit.org/SubmitYourEvent.

Cheers,
Madeline

Director, Iowa Hunger Summit & Community Outreach
mgoebel@worldfoodprize.org
515-245-3726

LUNCHEON VIDEOS



DOUBLE UP FOOD BUCKS

Double Up Food Bucks connects low-income families with healthy food grown by Iowa Farmers. Families can double their food dollars and get FREE fresh fruits & veggies with their SNAP EBT Card!



SPEND SMART. EAT SMART.

Spend Smart. Eat Smart. is a user-friendly website created by Iowa State Extension. The website is accompanied with an app, to provide people access to information and tools to create delicious recipes.

LUNCHEON | MAIN DISHES

The recipes below were provided through Iowa State University's Extension and Outreach: Spend Smart. Eat Smart.



Chicken Salad



Turkey Vegetable Quiche



Sausage and Vegetable Skillet

LUNCHEON | SIDE DISHES



Zesty Whole Grain Salad



Easy Roasted Veggies

SAVE THE DATE



Iowa Hunger Directory

Interested in other hunger initiatives in Iowa? Check out the variety of programs in the **Iowa Hunger Directory**! We are always looking to make new connections, so share your events on our **events calendar**! Or Tweet at us **@IAHungerSummit**! We want to hear about all the innovative and inspiring initiatives you and your organization are doing!

About us:

The World Food Prize Foundation launched the Iowa Hunger Directory in honor of the centennial observance of the birth of our founder, Nobel Peace Prize Laureate Dr. Norman E. Borlaug. Past issues of this newsletter are available online.

[Learn More](#)

WWW.IOWAHUNGERDIRECTORY.ORG

Connect with us

